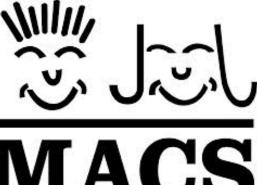
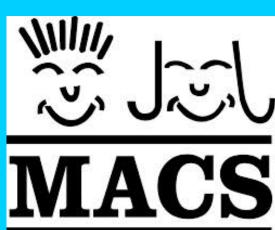


# LIFE at MACS MACS ST CADOCS









#### Macs leaders

- Our Main MACS leaders are :
- Yvonne
- Liz
- Richard
- Shannon
- Jennifer
- Amy
- Sean
- Heather
- Staff have all been trained in first aid, food hygiene, child protection and are all registered with the SSSC. Staff have SVQ2, SVQ3, SVQ4, qualifications, and Yvonne is undertaking a degree in BA Childhood Practice.



### Healthy Snacks



- At MACS we have variety of healthy snacks like :
- Wraps
- Cereal
- Crackers and Cheese
- Toast
- Fruit
- Breadsticks and salad with choice of dip

- Also once a week we have a sweet treat this can be:
- Ice Cream
- Trifle
- Crisps
- Biscuits
- Nachos
- Pizza Pockets

## When a Parent/ Child comes for an Induction

 The parent goes with a member of Staff to go through paperwork, polices and other relevant information regarding MACS.

- The child is taken by a p6 or p7 buddy to be shown around MACS and made to be feel welcome.
- The children can also participate in any of the ongoing activities that are on that day.

### Health and Safety

- In MACS health and safety is very important.
- Last year p6s and 7s created and performed plays to the 1 – 5s about the rules of MACS.
- Children also carried our risk assessment.

#### **Exercise**

- If the weather is ok then your child will get the opportunity to play outside.
- There is a range of outdoor toys, including our adventure playground, for when weather is suitable.
- When inside we always have the choice to take part in active play, which helps us to use our physical skills and is a great way to gain 60 minutes of exercise for that day.

## **Our Workshops**

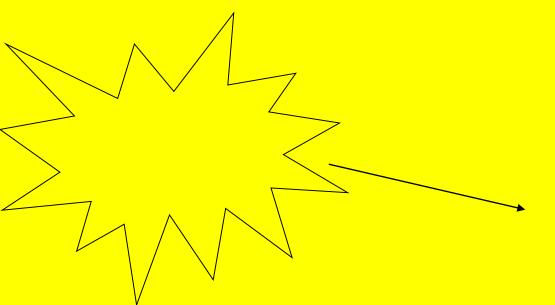
At MACS, we participate in a variety of workshops. We recently took part in a Road Safety workshop, which helped us to be safe and be aware of the dangers of the road.





## Celebrating Success

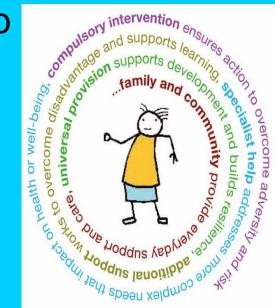
- At MACS we love to celebrate success
- If a child has been helpful for the week they receive a certificate in front of the whole of MACS



#### **GIRFEC**

Getting It **R**ight For **E**very Child

- MACS is committed to provide GIRFEC for every child.
- We have contributed to the school's Bob Marley song "Get Up Stand Up".





#### SHANARRI



 This is what SHANARRI stands for and with more detail about what that letter means to us...



At MACS we incorporate

SHANARRI into
all our activities and every child is
given the opportunity to develop
each of the indicators.



- S- Safe (child protection, Cyber Bullying and safety talks)
- H- Healthy (Physical and mental health well being, healthy choices, nutrition)
- A- Achieving (Confidence, skills, self-esteem-personal plans, planning, displays of personal accomplishments, project and personal responsibility awards and participation)
- N- Nurtured (Care and compassion)
- A- Active (Sport, outside and indoors play recreation hobbies) R-Respected Have a voice, involved in decision making e.g.
- Codes of conduct, children's charter workshop and respect me values.)
- R- Responsible (Play active role in taking part in things that affect them, mind maps, planning, committees, community partnerships, interview panels and leadership)
- I- included (equal opportunities, personal plans support where required and transitions)

## Anti Bullying

- At MACS we are an Anti Bullying organisation.
- At MACS we take Bullying very seriously every child knows the signs of Bullying and what to do if someone they know or if they are being bullied.
- Children know that they can talk to any MACS leader about Bullying





## Religious Festivals



- At MACS we incorporate a variety of religious and cultural events.
- Every Year we celebrate:
- Dwalili
- Eid
- Robert Burns, St Patrick's Day etc
- Hanukah
- Holi
- We have a list of other religious events

## **MACS Mission Statement**

- All MACS projects took part in a poster competition.
- We were to design a poster that incorporated all the stakeholder's values.
- Eve and Fiona from this project won the competition!
- This winning poster is now at the forefront of our Mission Statement

WELL DONE GIRLS!



We will provide a professional care service mere children, young people and adults will be becreed to valued and respected equally.

## Our Rap

When our parents go to work, Macs is where we come. Macs is brill, Macs is fun, We have snack yum yum yum, Play with toys, Girls and boys, Watch a movie, coz Macs is groovy, The staff are great They are fun, In our eyes they are Number 1. So join us today, hey

## Thank You

Thank You for watching our MACS PowerPoint we hope you have learned more about MACS

