



MACS Mearns Snack Planner May 2017

WEEK 1	1 ST PUBLIC HOLIDAY MACS CLOSED	2 ND HUMOUS/ GUACAMOLE & THINS	3 RD FROZEN YOGHURT ICEPOLES FOR TRIP	4 TH FROZEN YOGHURTS CE POLES FOR TRIP	5 TH SMOOTHIES
WEEK 2	8 TH CAESAR SALAD	9 TH BEANS & TOAST	10 TH CHIP N DIP (CUCUMBER, CARROTS, PEPPERS)	11 TH RICE & SAUCE	12 TH FRUIT SALAD
WEEK 3	15 TH GREEK YOGHURT & FROZEN FRUIT	16 TH NOODLES	17 TH PIZZA MUFFINS	18 TH HUMOUS/ GUACAMOLE & THINS	19 TH CHEESE, APPLE & PICKLE ON A STICK
WEEK 4	22 ND CHICKEN & TUNA WRAPS	23 RD SWEET & SAVOURY SALAD	24 TH BRUCHETTA	25 TH CRACKERS & CHEESE	26 TH HOLIDAY CLUB
Week 5	29 th PUBLIC HOLIDAY MACS CLOSED	30 th HOLIDAY CLUB	31 ST SMOOTHIES		

